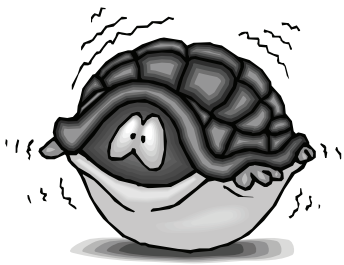


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### DO NOT WORRY ABOUT ANYTHING...



Worry comes very naturally to every one of us, and even in the world one is counted wise and responsible if he worries about any given situation. But when we look closely at the Word, we find out that worry is really a response from fear and we all know that fear is the total opposite of faith. I found in Matthew 6:25-34 that Jesus told us 4 times "do not

worry" about your life, about tomorrow, about what you will eat or wear. This covers about everything, doesn't it? Why was Jesus so stern about worry? He knew that worry is not only unproductive but it has the potential to make you sick - Prov 12:25, 17:22 & Psalm 37:8. It will also according to Mark 4:19

choke the Word and make your faith unfruitful, stealing from you the blessings of God. You cannot worry and be in faith at the same time! Luke 21:34 puts worry next to carousing and drunkenness. Did you know that like alcohol, worry will cause you to loose your vision of God, His power, His provision & His goodness?

*Cast all your  
Cares upon The  
Lord for  
He Cares  
for you  
1 Peter 5:7*

### IF I CAN'T WORRY, THEN WHAT DO I DO ???

Commit your way to the Lord, trust also in Him and he shall bring it to pass. Psalm 37:5  
Cast your burden on the Lord & He shall sustain you. He shall never permit the righteous to be moved. Psalm 55:22  
Cast all your cares upon Him for He cares for you. 1 Peter 5:7  
When I think of casting, I see a man casting his fishing line as far as possible, or a baseball pitcher attempting to send his

ball into the bleachers. One way or another, the idea is trying to get it as far from you as possible. How many of you know that Paul knew a few things about trials and pressures of life and how to deal with them. In Phil. 4:6 Paul said "Do not worry about anything but in everything with prayer & supplication with thanksgiving let your request be made known

to God." I heard someone say "Has it come to that?" sadly enough, prayer is often the last thing we do, yet it is the most powerful thing we should do. When we pray in faith and then give thanks to God we are casting our cares over to Him. But now the key is to keep those bombarding thoughts of fear & worry away from our mind...  
It can be done !

### THE DEVIL IS A STINKER... HE WILL TRY TO SNEAK BACK IN !



When things don't change immediately the common thing we tend to do is allow those worry thoughts back in. 1 Peter 5:8 tells us to resist the devil. I like what Kenneth Hagin said "you can't stop a bird from flying over your head, but you can stop him from building a nest in your hair." Paul warns us in 2Cor 10:3-5 that the mind is the battleground

of the devil, this is where he defeats us. Unchecked thoughts can become an argument against God's Word that can turn into a stronghold that will keep us in bondage. When those thoughts come you must resist them, refuse to dwell on them or they will become bigger & stronger. When the devil throws those same thoughts back at you,

open up your mouth and speak the Word. This is how Jesus defeated temptation in Luke 4, and this is how we will resist thoughts and win the battle. You cannot defeat thoughts with thoughts but only with the spoken Word. Rev. 12:11 says that we will overcome with the Word of our testimony & our testimony comes from the Word of God!



## CHECK THIS ONE OUT !!!

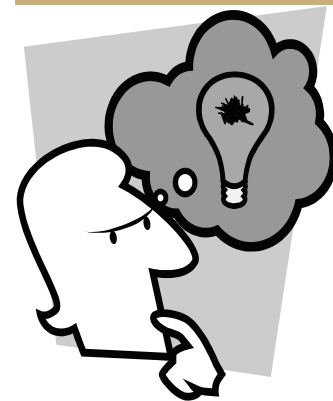
Are you up for a challenge? Close your eyes and think of everything you had for dinner yesterday. Then start saying out loud your name, your age and your favorite color. Question? What happened to your thoughts about dinner? That's right, they just stopped. The point I am trying to make is that when thoughts of worry and defeat come to your mind, shut them off by opening your mouth and speak the Word of God.

We must also learn to fill our mind with good things. "Be mindful of things above and not things on the earth" Col 3:2. To be mindful means to have a mind full of... It is important to start thinking of all the good things God has already done for you. Think of all your victories, they are a testimony of God's goodness & faithfulness. You know that God has done it for you before and He will do it again!

Rom. 4:20 "Abraham strengthened his faith, giving glory to God"

Heb 11:11 Sarah received strength...she considered Him faithful.

Can you see them together, reminding each other of all the great things God did for them... there was no more room for doubt ! ♦



**What do you fill your mind with?**

## VIETNAM - TEACHING WHERE CHRIST IS NOT NAMED! Rom. 15:20

I had promised Fred to spend at least 2 months with him. I was overseas for his birthday, my birthday, our anniversary, so it was both wise and good to spend that time together, but now it is time to go again! My last trip to Vietnam was so fruitful and the people there were so hungry that I knew I was to go back.

I will be teaching again in a school for 2 weeks, on the Authority of the Believer, Divine Healing & how to be led by the Spirit.

Because Vietnam is a communist country, the school I am going to is underground. What does this mean? I go as a tourist because sharing and teaching the Gospel is a



Me teaching at the Bible School



Vietnam is known as Bike World

punishable offense and I could risk imprisonment if caught. I have to be very discreet, I only travel by private scooter to the school, covering my head with a helmet & sunglasses (no taxis - it would be easy to spot our whereabouts), I stay in small hotels where foreigners would not be suspected to stay and most importantly, I try not to bring any attention to myself.

What I do can be detrimental to the existence of the school and endanger the leaders and students. Now you can understand why I am always so appreciative for your prayers and support. So a BIG THANK YOU ! Fred and I love you!

### TO SCHEDULE A MEETING AT YOUR CHURCH

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